



INFOWORKS
INSTITUTE

AQ, or Adaptability Quotient

Transforming the way people and organizations adapt to change

AQ, or Adaptability Quotient, is a holistic measure of workplace adaptability. The higher your AQ, the more likely you will be able to recover from setbacks, find alternative solutions to problems and embrace change. AQ is measured across three key core dimensions:



CHATBOT ASSESSMENT

Interactive and engaging conversational experience

THE AQ DASHBOARD

View your AQ score and insights in the dashboard

GLOBAL AVERAGES

Compare your AQ score against the global average

ACTIONABLE INSIGHTS

Improve your AQ scores with actionable insights

Applying AQ

How our clients are applying their newly learned AQ knowledge and insights.

Reskilling & Upskilling Utilise your existing team resource to produce different results for your organization with new skill initiatives.	Mergers & Acquisition Manage new teams or organizations coming on board by understanding key measures of adaptability.	Digital Transformation Choose the right team for the job to navigate new process implementation with grit, resilience and motivation style
Employee Retention Nurture your existing team by helping them strengthen their AQ muscle with rich insights and actionable activities.	Leadership Development Understand how adaptable your management teams are in order to develop them to drive the organization's success.	Change Management Focus on the human side of change by measuring the soft skills of culture within your teams and actively develop them.

The AQ Model

THE FIRST EVER COMPLETE VIEW ON ADAPTABILITY

Based on academic and organizational research plus 100+ scientific publications in the Financial Times top 50 journals

“Measuring the abilities, characteristics, and environmental factors that impact the successful behaviors and actions of people and organizations to effectively respond to uncertainty, new information or changed circumstances.” (Decoding AQ, 2020)

The Adaptiotic Table*

Our model of AQ - Transforming the way people and organisation adapt to change.



How and to what degree do I adapt?

1. Grit
2. Mental Flexibility
3. Mindset
4. Resilience
5. Unlearn



Who adapts and why?

6. Emotional Range
7. Extraversion
8. Hope
9. Motivation Style
10. Thinking Style



When does someone adapt and to what degree?

11. Company Support
12. Emotional Health
13. Team Support
14. Work Environment
15. Work Stress

Ai Predictive Optimisation.



16. Change Readiness Index
17. Reskill Index

*Scientifically valid measure of the 17 dimensions of adaptability.

Copyright adaptal Ltd. 2020. All rights reserved. Do not reproduce without written permission.

AQai®

1501-8, Millennium City 5,
418 Kwun Tong Road, Kowloon,
Hong Kong
Tel: +852 8175 3671
Email: info@infw.asia
www.infw.asia

InfoWorks Institute